



Pediatric Medical Associates



To return to daycare, school, or work after a child is sick, the health care providers at Pediatric Medical Associates suggest following the CDC guidelines for ending self-isolation:

- At least 24 hours have passed since resolution of fever without the use of fever-reducing medications (acetaminophen or ibuprofen) **and**,
- Improvement in symptoms (e.g., cough, shortness of breath); **and**,
- At least 10 days have passed since symptoms first appeared.

Parent Attestation: I, _____, parent of _____ confirm that my child meets the above mentioned criteria. Date: _____